

# OLYMPIC FLAT BENCH PRESS

The Impulse IT7 Range of Benches and Racks is a tried and tested choice for anyone looking to equip the strength area of a gym. From storage racks for dumbbells and weight plates, to Smith machines, Olympic benches and other accessory strength pieces, the IT7 range is perfect for all types of facility.



## Safety Catchers

Different var starting positions for different heights for safety.



## Plate storage

Storage for plates at the side of the machine

HEALTH  
HUB

Remember to never lock your joints, keep your body in line, control the speed & never drop the weight.  
ALWAYS put back any equipment you have used & wipe down.

**origin**<sup>®</sup>  
FITNESS